



Dear Parents and Carers

As a part of your child's education at South Stanley infant & Nursery School, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

PSHE education is taught throughout the school in every year group and is monitored and reviewed regularly by the staff and governing body. All PSHE teaching takes place will take place in a safe learning environment and is underpinned by our school ethos and values.

I am writing to let you know that from this term your child's class will begin to take part in updated lessons which will focus on the relationships and sex education (RSE) aspect of this programme. Lessons will include pupils learning about healthy relationships, including friendships; families; growing and changing, changing feelings; becoming more independent; keeping safe; developing self-esteem and confidence. Pupils will also have opportunities to ask questions. All content will be taught an age appropriate level.

As we are unable to invite you into school at present, please find below a link to our website where you will find a powerpoint explaining the overview of the RSE aspects of our PSHE curriculum with a link to an overview of our PSHE curriculum which incorporates RSE. There is also a copy of our draft Relationships and Sex Education(RSE) Policy.

<https://wp.me/P6No4C-2vC>

We would like your feedback on any aspects of these and we are happy to respond to any questions about how you can best support your child to discuss these topics at home. Should you have any feedback to give us, please email us [p2225.admin@durhamlearning.net](mailto:p2225.admin@durhamlearning.net) stating RSE in the title of the email or ring 01207 232445 and ask to speak to Mrs Thompson.

Yours sincerely



Louise Thompson  
RSE Lead



South Stanley Infant & Nursery School is proud to be part of [Stanley Learning Partnership LTD \(Trading as Stanley Learning Partnership\)](#)

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